

**Rivershed Society of British Columbia**  
**2019 Sustainable Living Leadership Program**  
**Summary Itinerary\***

July 19 - August 16  
07/12/2019

	Day 1 Friday July 19	Day 2 Saturday Jul 20	Day 3 Sunday Jul 21	Day 4 Monday Jul 22	Day 5 Tuesday Jul 23	Day 6 Wednesday Jul 24	Day 7 Thursday Jul 25	Day 8 Friday Jul 26	Day 9 Saturday Jul 27	Day 10 Sunday Jul 28
Morning	Participants travel to start site on their own	Prep, Breakfast, Clean-up	Prep, Breakfast, Clean-up	Prep, Breakfast, Clean-up	Prep, Breakfast, Clean-up	Prep, Breakfast, Clean-up	Prep, Breakfast, Clean-up	Prep, Breakfast, Clean-up	Prep, Breakfast, Clean-up	Prep, Breakfast, Clean-up
		(RobsonShadows Layover Day) - Rivershed Bios - Watershed CPR A Call to Action - Leadership Social Contract	(Robson Shadows Layover Day) - Healthy Riversheds  Shuttle to: Fraser Headwaters (1 km walk) Yellowhead Lake	(Tete Jaune)  Canoe – leave Tete Jaune Cache Lodge <b>6 hr</b> paddle	(Dunster)  Canoe – leave Culp's Farm <b>5.5hr</b> paddle	(McBride - Layover Day)  Workshop (with Jenn Wesanko): Communications & Media	(McBride)  Canoe – leave Beaverview Campsite <b>7.5 hr</b> paddle	(Crescent Spur)  Canoe - leave Island to Aubrey's <b>2 hr</b> paddle  - Load canoe on trailer - Shuttle to Goat trailhead - Set up Camp	(Layover Day)  <b>FraserFEST Goat River Trail clearing &amp; hike Goat River Trail</b>	(Crescent Spur)  Van - leave Goat River, shuttle to PG  stop at Ancient Forest (along Hwy #97)
Afternoon	Welcome Circle: - Intros - Itinerary - Handbook - Sus. Challenge - Waiver forms - Camp Systems  River Walk & Sit Stay	Lunch @ Robson Shadows campsite  Shuttle to: MR Sign (photo) Overlander Falls (1km walk) Visitor Centre Kinney Lake (7km Walk)  Shuttle back to Robson Shadows	Lunch @ Yellowhead Lake  Yellowhead Lake - Canoe skills - swim  Shuttle to Tete Jaune Cache Campground	Lunch @ Terracana Lodge  Canoe - Arrive at Culp's Farm (Dunster)	Lunch @ Holiday Creek  Canoe - Arrive at Beaverview Campsite (McBride)	Lunch @ Beaverview campsite  Walk to Waterfall	Lunch @ West Twin Creek  Canoe - Arrive Island (near West Twin Creek)	Lunch @ Goat River Trailhead  Goat/Milk Ridge Hike,  or  Project Plans	Lunch @ Cable Car Crossing, Goat River  <b>FraserFEST Hike – to North Star Creek &amp; back to Trailhead</b>	Lunch @ Ancient Forest  <b>FraserFEST Ancient Forest Walk</b>  Shuttle to Prince George
Evening	Prep, Dinner, Clean-up	Prep, Dinner, Clean-up	Dinner @ Tete Jaune Lodge	<b>FraserFEST Dinner @ Dunster Community Hall</b>	Prep, Dinner, Closing Circle, Clean-up	Prep, Dinner, Closing Circle, Clean-up	Prep, Dinner, Closing Circle, Clean-up	Prep, Dinner, Closing circle, Clean-up	Prep, Dinner, Closing circle, Clean-up	<b>FraserFEST Dinner @ Lheidli T'enneh Park, Prince George</b>
	Intro to Project Plans SMART Goals Closing Circle	Closing Circle	Closing Circle Journaling & Free Time	Closing circle Journaling & Free Time	Journaling & Free Time	Journaling & Free Time	Journaling & Free Time	Journaling & Free Time	Journaling & Free Time	Shuttle to Stoner Closing circle Set up camp
Camp Features	Robson Shadows Campground: - Showers - Power		Tete Jaune Camp: - Showers - Power - Laundry	Culp's Farm: - Power - Outhouse	Beaverview Campsite: - Showers - Power - Laundry	Wilderness (Island near mouth of Goat River)	Wilderness (Goat River Trail head) - Outhouse		Stoner Campsite - washroom	

\* Summary Itinerary to be used as a rough guide only - items are subject to change due to weather, logistics and/or unforeseen circumstances.

**Rivershed Society of British Columbia**  
**2019 Sustainable Living Leadership Program**  
**Summary Itinerary\***

July 19 - August 16  
07/12/2019

	<b>Day 11 Monday Jul 29</b>	<b>Day 12 Tuesday Jul 30</b>	<b>Day 13 Wednesday Jul 31</b>	<b>Day 14 Thursday Aug 1</b>	<b>Day 15 Friday Aug 2</b>	<b>Day 16 Saturday Aug 3</b>	<b>Day 17 Sunday Aug 4</b>	<b>Day 18 Monday Aug 5</b>	<b>Day 19 Tuesday Aug 6</b>
<b>Morning</b>	Prep, Breakfast, Clean-up (Stoner) Canoe - leave Stoner Creek campsite	Prep, Breakfast, Clean-up (Hixon) Canoe - leave Blackwater River	Prep, Breakfast, Clean-up (Xat'sull Village - Layover Day) Project Plans	Prep, Breakfast, Clean-up (Xat'sull) Raft – leave Xat'sull w <b>FraserFEST</b> rafters	Prep, Breakfast, Clean-up (Williams Lake) Raft – leave Williams Lake River - Project plans (on raft)	Prep, Breakfast, Clean-up (Chilcotin River - Layover Day) <b>- Solo Hike</b>	Prep, Breakfast, Clean-up (Chilcotin River) Raft – leave Chilcotin - Project plans (on raft)	Prep, Breakfast, Clean-up (Big Bar Ferry) Raft - leave Big Bar	Prep, Breakfast, Clean-up (Leon Creek) Raft – leave Leon Creek Project plans (on raft)
<b>Afternoon</b>	Lunch (river stop) Canoe - arrive at Blackwater River Set up Camp	Lunch (river stop) Canoe - arrive in Quesnel Load canoe onto trailer	Lunch @ Xat'sull Heritage Village Workshop (with Teena Sellars): Working with First Nations Site Tour / Project Plans	Lunch @ Russian Island Raft - Arrive at Williams Lake River Set up Camp DFO Fish Demo Shuttle bus to WL <b>FraserFEST Tour Potato House, Williams Lake</b>	Lunch (river stop) Raft - Arrive at Chilcotin River Set up Camp	Lunch @ Chilcotin River - Swim - Debrief - Project Plans - free time	Lunch @ Churn Creek - Transport boats, gear & people to Big Bar Ferry Set up Camp - Project Plans	Lunch (river stop) Raft - Arrive at Leon Creek Set up Camp	Lunch (river stop) Raft - Arrive at Bridge River (walk across rocks/watch guides raft rapids/re-board) Raft - Arrive at Cayoosh Creek campsite (Lillooet) Set up Camp
<b>Evening</b>	Prep, Dinner, Closing Circle, Clean-up Journaling & Free Time	<b>FraserFEST Dinner @ Ceal Tingley Park, Quesnel</b> Shuttle to Xat'sull Set up Camp Closing Circle	<b>FraserFEST Dinner @ Xat'sull Heritage Village</b> Closing Circle	<b>FraserFEST Dinner @ Scout Island Nature Centre, Williams Lake</b> Shuttle bus to camp Closing circle	Prep, Dinner, Closing Circle, Clean-up Journaling & Free Time	Prep, Dinner, Closing Circle, Clean-up Journaling & Free Time	Prep, Dinner, Closing Circle, Clean-up Journaling & Free Time	Prep, Dinner, Closing Circle, Clean-up Journaling & Free Time	<b>FraserFEST Dinner @ Cayoosh boat launch w Lillooet Naturalists Society</b> Closing circle
<b>Camp Features</b>	Wilderness (near the mouth of Blackwater River)	Xat'sull Heritage Village: - Showers - Cell reception - Power	Xat'sull Heritage Village: - Showers - Cell reception - Power	Wilderness - Cell reception	Wilderness	Wilderness	Wilderness	Wilderness	Cayoosh Campsite: - Showers - Power

\* Summary Itinerary to be used as a rough guide only - items are subject to change due to weather, logistics and/or unforeseen circumstances.

**Rivershed Society of British Columbia**  
**2019 Sustainable Living Leadership Program**  
**Summary Itinerary\***

July 19 - August 16  
07/12/2019

	Day 20 Wednesday Aug 7	Day 21 Thursday Aug 8	Day 22 Friday Aug 9	Day 23 Saturday Aug 10	Day 24 Sunday Aug 11	Day 25 Monday Aug 12	Day 26 Tuesday Aug 13	Day 27 Wednesday Aug 14	Day 28 Thursday Aug 15	Day 29 Friday Aug 16
Morning	Prep, Breakfast, Clean-up	Prep, Breakfast, Clean-up	Prep, Breakfast, Clean-up	Prep, Breakfast, Clean-up	Prep, Breakfast, Clean-up	Prep, Breakfast, Clean-up	Prep, Breakfast, Clean-up	Prep, Breakfast, Clean-up	Prep, Breakfast, Clean-up	Prep, Breakfast, Clean-up
	(Lillooet) Raft – leave Cayoosh with <b>FraserFEST</b> rafters	(Stein River - Layover day) Stein walk  Shuttle to <i>Thompson River</i> Paddle Raft "put in"	(Stein River) Raft – leave Stein River Pick up <b>FraserFEST</b> rafters in Lytton	(Boston Bar) Van - Shuttle to Nahatlatch Rivershed  Workshop (with Kevin Scott): How to run effective campaigns	(Boston Bar) Raft – leave Boston Bar with <b>FraserFEST</b> rafters  <b>Hell's Gate</b>	(Yale) Shuttle bus to Hope  Canoe – leave Hope boat launch <b>3.5 hr</b> paddle	(Agassiz) Canoe – leave Kilby campsite <b>6.5 hr</b> paddle	(Abbotsford)  Walk to Glen Valley Organic Farm - tour gardens	(Coquitlam) Canoe - Kwikwetlem to Westminster Quay <b>1.5 hr</b> paddle  Fraser River Discovery Centre Tour ( <b>45 mins</b> )	(Richmond) Canoe – McDonald Beach Park to Jericho Sailing Centre <b>3hr</b> paddle
Afternoon	Lunch (river stop)	Lunch on Thompson River	Lunch (river stop)	Lunch @ Nahatlatch River	Lunch @ Tsulu Creek	Lunch (river stop)	Lunch @ Dewdney Regional Park	Lunch @ Glen Valley Regional Park	Lunch @ FRDC, New West	Lunch @ Secret Cove
	Raft - Arrive at Stein River	Raft - Arrive at Thompson River "take out", in Lytton	Raft - Arrive at Tuckkwiowhum (Boston Bar)	Workshop (con't)	Raft- Arrive at Fraser River Raft Expeditions (Yale)	Canoe - Arrive at Kilby campsite (Agassiz)	Canoe - Arrive at Glen Valley Reg. Park - Poplar Bar (Abbotsford)	Canoe – Glen Valley to Kwikwetlem FN (Coquitlam) <b>3.5 hr</b>	Canoe – Westminster Quay to McDonald Beach Park (Richmond) <b>3.5 hr</b> paddle	Arrive at Jericho Sailing Centre in Vancouver unload, carry canoe, Set up camp
	Set up Camp	Shuttle back to Stein River camp	Set up Camp	Van - shuttle to Kanaka Bar First Nation	<b>Stop &amp; Tour Alexandra Bridge Heritage Site</b>	Set up Camp  Project Presentations	Set up Camp  Project Presentations	Set up camp  <i>Colony Farm Community Gardens explore</i>	Set up Camp  Project Presentations	Final Closing Circle Graduation Ceremony Group Photo <b>(Program ends)</b>
Evening	Prep, <b>FraserFEST Dinner @ Stein River</b> , Closing circle, Clean-up	Prep, <b>FraserFEST Dinner @ Stein River</b> , Closing circle, Clean-up	<b>FraserFEST Dinner &amp; Performance @ Tuckkwiowhum, Boston Bar</b>	<b>FraserFEST Dinner Kanaka Bar Indian Band, Kanaka Bar</b>	<b>FraserFEST Dinner @ FRRE HQ, Yale</b>	Prep, Dinner, clean up	Prep, Dinner, clean up	Prep, Dinner, clean up	Prep, Dinner, clean up	Celebration Dinner at Gallery Cafe
	Stein walk	Journaling & Free Time	Closing Circle	Shuttle to Tuckkwiowhum Closing circle	Closing Circle	Project Presentations Closing circle	Project Presentations Closing circle	<i>Bat viewing with Kiyoshi</i> Closing circle	Workshop (w Fin Donnelly): Politics 101 & FWI Closing circle	Celebration
Camp Features	Wilderness	Wilderness	Tuckkwiowhum Village: - Showers - Power	Tuckkwiowhum Village: - Showers - Power	FRRE HQ - washroom - Power - Cell reception	Kilby campsite: - outhouse - cell reception	Glen Valley Regional Park: - outhouse - cell reception	Colony Farm Regional Park: - washroom - cell reception	McDonald Beach Park: - washroom - power - cell reception	Jericho Sailing Centre: - showers - power - cell reception

\* Summary Itinerary to be used as a rough guide only - items are subject to change due to weather, logistics and/or unforeseen circumstances.